

Mental Health-Psychiatry- Interactions with Medical Profession

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Objectives

- What is a Psychiatrist?
- UK vs The World
- Challenges of Medical Profession
- Why the negativity?
- How to interact with medical profession, finding a common language.

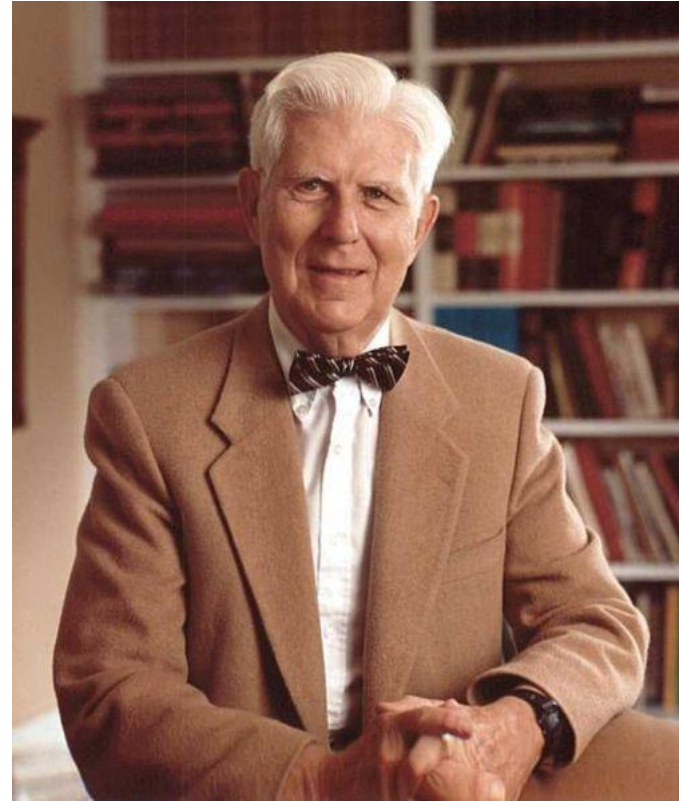
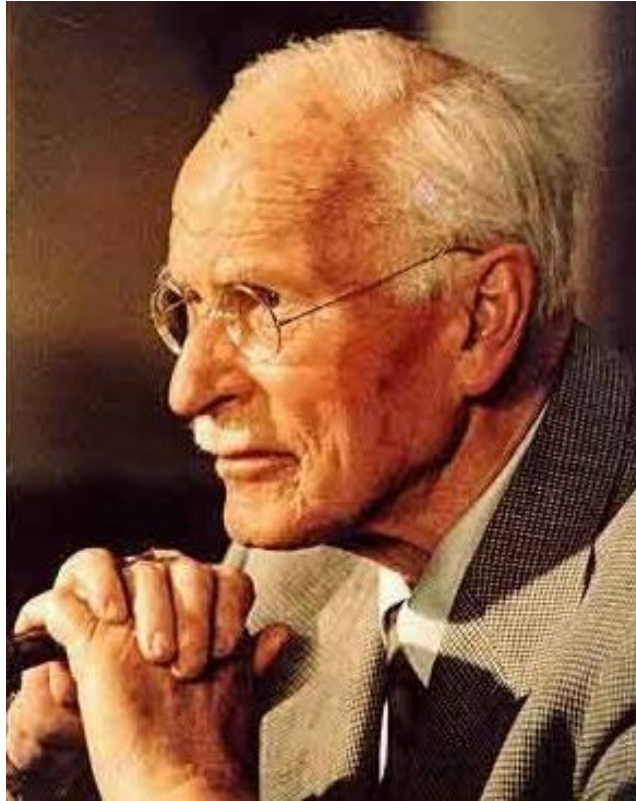
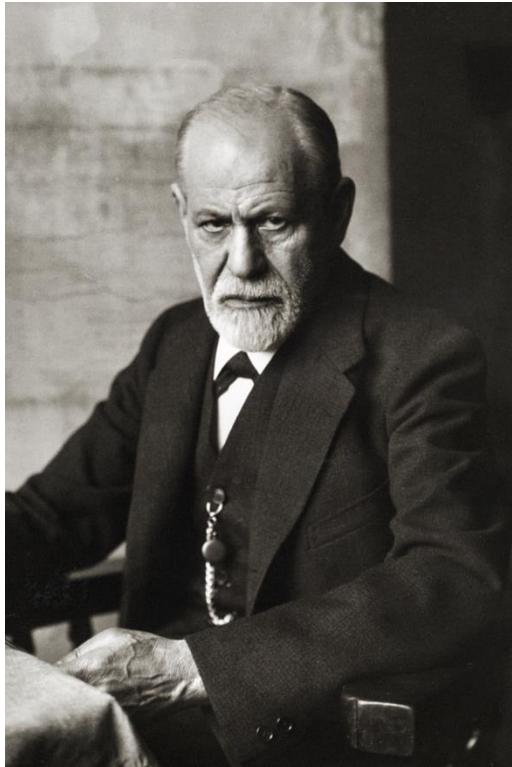
What a Psychiatrist is, what a psychiatrist does?





VS







Current Role

- Medical doctor-prescriber
- Bio-psycho-social formulator
- Multimodel therapist & practitioner
- Multimodel & Multiagency Strategist
- Advocacy
- Approved Clinician for Medicolegal Purposes (Mental Health Act)
- Global Assessment of Functioning

Why the negativity?

- Evidence Based Medicine
- Research
- Critical Appraisal
- Limitations
- NHS Trusts being sued



GMC!

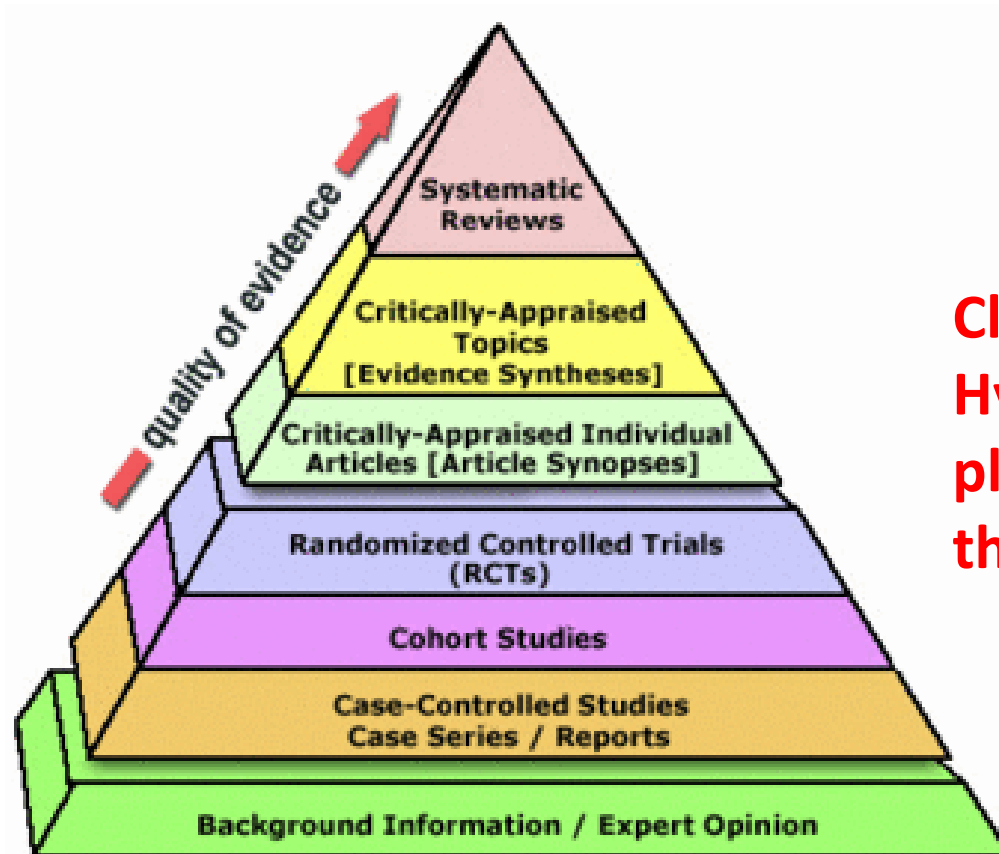


Royal Colleges



Defense Unions





**Clinical
Hypnotherapy uses
placebo as a
therapeutic tool!**

New Buzz Words in Health

- Early Intervention
- Well being
- Person Centred/Personalised
- Problem solving/ resilience building

communication

- Start of therapy
- Every 6-8 weeks brief progress letter
- Important milestones
- Closure

Sample GP letter

Your Address

GP address

Date

Dear Dr

Patient Name, Date of Birth, Address

Clinical Hypnotherapy sessions for (List of) presenting complaint(s)

- 1) Anxiety
- 2) Spider Phobia
- 3)

I have started meeting with.....
on.....

The reason for our meetings is.....

I will be updating you if there are significant developments in due course.....

PLAN

We will carry on meeting weekly for the next.....

Name and Signature